# Domestic Violence-Related Books and Resource Guides

### Non-fiction available at the Wayne County Public Library:



- The Macho Paradox, Jackson Katz (2006)
- Blink: The Power of Thinking without Thinking, Malcolm Gladwell (2005)
- Tipping Point: How Little Things Can Make a Big Difference, Malcolm Gladwell (2000)
- Should I Stay or Should I Go?: A Guide to Knowing if Your Relationship Can -- and Should

   Be Saved, Lundy Bancroft and Jac Patrissi (2011)
- The Body Keeps the Score: Brain, Mind, and Body in the Healing of Trauma, Bessel van der Kolk, M.D. (2015)
- Goodbye, Sweet Girl: a Story of Domestic Violence and Survival, Kelly Sundberg (2018)
- No Visible Bruises: What We Don't Know about Domestic Violence Can Kill Us, Rachel Louise Snyder (2019)
- Invincible: The 10 Lies You Learn Growing Up with Domestic Violence, and the Truths to Set You Free, Brian F. Martin (2015)
- Surviving Domestic Violence: a Guide to Healing Your Soul and Building Your Future, Danielle F. Wozniak (2013)
- Women with Controlling Partners: Taking Back Your Life from a Manipulative or Abusive Partner, Carol A. Lambert (2016)
- Preparing to Fly: Financial Freedom From Domestic Abuse, Sarah Hackley (2015)

# Additional Non-Fiction available through Clevnet:

- A Woman Like You: The Face of Domestic Violence, Vera Anderson (1997)
- Why Does He Do That? Inside the Minds of Angry and Controlling Men, Lundy Bancroft (2003)
- The Batterer as Parent: Addressing the Impact of Domestic Violence on Family Dynamics, Lundy Bancroft (2002)
- The Verbally Abusive Relationship: How to Recognize It and How to Respond, 3rd ed., Patricia Evans (2010)
- When Men Batter Women, John Gottman and Neil Jacobson (2007)
- Next Time She'll be Dead: Battering and How to Stop it, Ann Jones (2010)
- Naming the Violence: Speaking Out about Lesbian Battering, Kerry Lobel (1986)
- Domestic Violence: A Reference Handbook, 2nd ed., Margi Laird McCue (2007)
- Coercive Control: How Men Entrap Women in Personal Life, Evan Stark (2009)
- Surviving Domestic Violence: Voices of Women Who Broke Free, Elaine Weiss (2004)
- Not to People Like Us: Hidden Abuse in Upscale Marriages, Susan Weitzman (2001)
- Stop Signs: Recognizing, Avoiding, and Escaping Abusive Relationships, Lynn Fairweather (2012)
- Saving Beauty From the Beast: How To Protect Your Daughter from an Unhealthy Relationship, Vicki Crompto, Ellen Zelda Kessner (2004)
- But I Love Him, Protecting Your Teen Daughter from Controlling, Abusive Dating Relationships, Dr. Jill Murray (2001)

- Shining Through: Pulling it Together After Sexual Abuse, Ed II, Mindy B. Loiselle and Leslie Bailey Wright (1997)
- Relaxation & Stress Reduction Workbook, Ed VII, Martha Davis, Elizabeth Eshelman and Matthew McKay (2019)
- Courage to Heal Workbook: For Women and Men Survivors of Child Sexual Abuse, Laura Davis (1990)
- *Relaxation & Stress Reduction Workbook for Kids*, Lawrence Shapiro and Robin Sprague (2009)
- Allies in Healing: When the Person You Love was Sexually Abused as a Child, Laura Davis (1991)
- When Dad Hurts Mom: Helping Your Children Heal the Wounds of Witnessing Abuse, Lundy Bancroft (2005)
- Rising Strong: How the Ability to Reset Transforms the Way We Live, Love, Parent, and Lead, Brene Brown (2018)
- I Thought It Was Just Me (but It Isn't): Making the Journey from "What Will People Think?" to "I Am Enough," Brene Brown (2007)
- If I Am Missing or Dead: A Sister's Story of Love, Murder, and Liberation, Janine Latus (2007)
- *I, Tina*, Tina Turner and Kurt Loder (1987)

#### Fiction available at the Wayne County Public Library:

- Secrets of Eden, Chris Bohjalian (2010)
- White Oleander, Janet Fitch (2000)
- Water for Elephants, Susan Gruen (2 🔛
- The Girl on the Train, Paula Hawkins (2014)
- Backseat Saints, Joshilyn Jackson (2010)
- *Big Little Lies*, Liane Moriarty (2014)
- Picture Perfect, Jodi Picoult (2002) 🧟
- Black and Blue, Anna Quindlen (2010)
- Safe Haven, Nicholas Sparks (2010) 🧔
- The Color Purple, Alice Walker (1982) 🕷 🧲

#### Additional Fiction available through Clevnet:

- Split, Swati Avasthi (2010)
- What She Left Behind, Tracy Bilen (2012)
- The Prince of Tides, Pat Conroy (2002)
- Into the Darkest Corner, Elizabeth Haynes (2011)
- This Charming Man, Marian Keyes (2008) 🛛 🧔
- Strange Fits of Passion: A Novel, Anita Shrever (2001)
- Behind Closed Doors, Susan Sloan (2005)
- The Kite Runner, Khaled Hosseini (2003)

